



RESIDENCY DIDACTIC CALENDAR

At ATI, our residency curriculum is built by our own expert faculty members who are clinicians and educators with an understanding of the real-world demands of sports and orthopedic practice. By developing our content in-house, we are able to continually refine and update the curriculum each year, ensuring residents are learning the most relevant, clinically applicable material throughout their residency experience.

Our goal is to create a dynamic, live learning environment that goes beyond passive content review. Residents engage directly with faculty and peers, apply concepts in real time, and are challenged to strengthen their clinical reasoning, decision-making, and hands-on skills. We believe this interactive approach is one of the most effective ways to prepare residents for advanced clinical practice and board certification.

The sports and orthopedic residency programs share foundational upper and lower extremity content, while also including residency-specific didactic sessions designed to align with each program's Description of Residency Practice and prepare residents for their respective specialty exams. When topics benefit from specialized expertise, we leverage live virtual learning to connect residents with expert faculty across the organization. When content is hands-on, lab-based, or exercise-driven, residents meet in person locally to practice and refine the skills they will use in the clinic.

Below is a general overview of the topics covered in ATI's sports and orthopedic residency curricula.

Orthopedic Residency Curriculum Outline	
Program Orientation and Foundational Skills	4 weeks
Upper Extremity	10 weeks
Lumbar Spine	6 weeks
Pain Science	2 weeks
Hip	4 weeks
Knee	5 weeks
Foot and Ankle	4 weeks
Cervico-Thoracic	7 weeks

Sports Residency Curriculum Outline	
Program Orientation and Foundational Skills	4 weeks
Upper Extremity	10 weeks
Acute Care and Emergency Management	3 weeks
Concussion and Spine	6 weeks
Hip	4 weeks
Knee	5 weeks
Foot and Ankle	4 weeks
Sports Specialty Content/ Summer Athletics	6 weeks
Sports Performance	3 weeks